



# **13 OCTOBER 2016**

## **METASTATIC BREAST CANCER & YOU**

To increase awareness of advanced or metastatic breast cancer (MBC), the Marie Keating Foundation, Europa Donna Ireland & the Irish Cancer Society invite women and families affected by MBC to a free seminar in the Kingsley Hotel, Cork, on Thursday, 13<sup>th</sup> October 2016.

Learn about:

- How best to manage MBC
- Getting support for you & your family
- Using mindfulness to live well

The morning will include a panel discussion with women living with MBC; a presentation from Seamus O'Reilly, Consultant Medical Oncologist; an introduction to mindfulness from Deborah O' Neill; and the newly released 'Story Half Told' video which aims to dispel the myths of MBC.

Register now for a free place: [www.mariekeating.ie/events](http://www.mariekeating.ie/events)



Kindly supported by



**Free seminar**

**Metastatic Breast  
Cancer & You**

**9.30am-12pm**

**Thursday, 13  
October 2016**

**The Kingsley Hotel**

**Victoria Cross, Cork**

**Register now**

**[mariekeating.ie/  
events](http://mariekeating.ie/events)**